



Capsule Endoscopy

Areas Examined & Treated

Areas

- Duodenum
- Jejunum
- Ileum

The Procedure

Capsule Endoscopy

Diagnostic

Capsule endoscopy is a procedure in which you swallow a vitamin-sized capsule that takes thousands of images as it moves through your digestive system

Before Your Procedure

Schedule Your Procedure

Appointment

Schedule your procedure appointment with GastroDoxs by phone @ 832-632-4070 or in the office



Location	The procedure is performed in our clinic
Insurance	If any prior authorization is required for the procedure, our office will obtain the required authorization
Financial	GastroDoxs procedure fees will be collected when you schedule your procedure
Changes	To cancel or reschedule, call or text GastroDoxs @ 832-632-4070

The Day Before Your Procedure

Cleaning	Your small bowel is mandatory for the best Visualization
Foods	Clear liquid diet



Medication	<ul style="list-style-type: none">• 6pm - Drink 7 Capfuls of over the counter Miralax - Peg 3350 119 gms with 32 oz of water• 7pm - Drink over the counter Mylicon - Simethicone 0.6 ml with 8 oz of water• 10pm - No food or liquids after 10pm except water or medication
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<h2>Procedure Day</h2>	
Foods	No food or liquids on the procedure day except water, medication, Miralax or Mylicon
Medication	<ul style="list-style-type: none">• 6am - Drink 1 Capful of over the counter Miralax - Peg 3350 17 gms with 8 oz of water• 7am - Drink over the counter Mylicon- Simethicone 0.6 ml with 8 oz of water
Arrival	Arrive at the office for your procedure at your scheduled time
Ingestion	When you arrive you will be asked to swallow the CapsoCam



Retrieval	<ul style="list-style-type: none">• You will be given a kit for retrieval of the Capsule• Our staff will demonstrate how to use the strainer hat & wand for retrieval• Use the strainer hat for each bowel movement until the capsule has been retrieved• Once retrieved, place the Capsule in the vial provided• Ensure the vial lid is locked & put in the envelope provided• The capsule can take up from 4-36 hours to pass
Mailing	<ul style="list-style-type: none">• A FedEx shipping label will be given• Place the label on the envelope & drop it off at your nearest FedEx drop box

After You Ingest the Capsule

Foods	<ul style="list-style-type: none">• 2 hours After - after ingestion of Capsule, resume a clear liquid diet• 2pm - Light lunch allowed• 8pm - Light dinner allowed
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Medication	<ul style="list-style-type: none">• 2 hours after - All medications can be resumed• 4 hours after - Drink 1 Capful of over the counter Miralax - Peg 3350 17 gms with 8 oz of water
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<h2>After Your Procedure</h2>	
Foods	You may resume your normal diet the day after the procedure
Medications	Resume normal medication schedule the day after the procedure
Retrieval	It is extremely important to use the hat container to retrieve the capsule
Mailing	Follow the instructions to mail the capsule
No Capsule Located or Retrieved	Call our office after 72 hours if the capsule has not passed
Appointment	Ensure that you have a follow-up 2-3 weeks after the procedure



GastroDoxs
— defenders of the digestive system —

Results	<ul style="list-style-type: none">• Your results will be discussed in detail• Treatment recommendations will be given
Questions	Call or text GastroDoxs @ 832-632-4070